



OCTOBER EDITION



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Sheridan College Men's Basketball

See the Picture, Sell the Picture, Paint the Picture

This is an exciting and absolutely crucial time of the year to build our team and get ready for the battles ahead. The first week of practice is probably the easiest, in my opinion, because of the excitement of the new year. It's in the 2nd, 3rd, and 4th weeks that your players must keep focus and continue to learn all of the parts of the system, in order to be ready for games in November. The foundation is built during this crucial time. From the coaches perspective, we have to be the ones to look at the personnel of our team, decide how we're going to succeed, and in essence, "See the Picture." It's impossible to sell the picture to your team until the coaches decide on the best plan of action, or your team will be like a boat without a rudder, drifting aimlessly in the seas. After we see the picture, we then must "Sell the Picture" to our players, telling them exactly how we are going to be successful

throughout the year, by working on the key elements of our system. At Sheridan, we try to sell the idea of fundamentals and skill work as the basis of our program, and some of our other themes this year include having Extreme Ball Pressure, Denying One Pass Away, Dominating the Glass, and Execution of the basics on offense. We feel like those areas will be the foundation of this year's team, and if we are able to be successful in those areas we should have a chance to have a special team.

After selling the picture to every member of your organization, it's time to "Paint the Picture," which to us means having great practices and being able to look at the big picture and focus the majority of our work on the elements that are going to make us successful. As a coach, you can't be perfect at everything; there simply isn't enough time. You have to de-

cide what to put into your practice plan, and more importantly, what NOT to put into your plan. Remember, what makes a painting a masterpiece often-times is what you take out of. Our biggest key to success has to be understanding what we will focus on, what we will sell to the players (the vision), and then painting the perfect picture.

Our guys are working hard, and we are excited for the start of the year! Hope all is well, Steve



Head Coach Steve Smiley

Sheridan College Generals 2010-11





**Sheridan
College Men's
Basketball
2009-2010
"Do your Job"**



The Golden Dome is named after him. He left a legacy that still looms large only eight years after he retired from coaching. He is a legend not only in Sheridan, but as one of the great Junior College coaches ever. He compiled 651 wins in his 35 years as a Head Coach at Sheridan College. His name is Bruce Hoffman. He is more than a coach to people that know him best though, he is really a father figure.

Coach Hoffman came and talked to the current Sheridan College players recently and his message was not just about basketball. He spoke of being a good person and that basketball would fade to the background in a short amount of time. "For most of you basketball will be the main focus in life for the next couple of years, but what about after that," Coach Hoffman asked. His message was clear; our lives need to be more about what we will do after the dream is over. After all, even athletes that play professionally might only do so for 5 to 10 years. What will you hang your

The Golden Man

hat on after that? How will you make money and provide for those who depend on you? He implored the players to work hard in school because that would be the foundation by which they would build the rest of their lives.

His life after basketball did not take him too far away from Sheridan, WY, in fact he still lives here. He is now the Northern Wyoming Community College District Board Chair. There are not a lot of people who know this area better from an institutional standpoint than Coach Hoffman. He got there by setting a solid foundation early in life of hard work and dedication. He was not a coach that just fell into a good situation right off the bat. He had to work from day one to see success.

Attending Wayne State University he played his Junior season and got his first break when he joined the University of Wyoming as a Graduate Assistant. "I owe the University of Wyoming a debt of gratitude for

opening the door into the basketball world for me," says Hoffman about his time as a GA. After Wyoming, Hoffman took an open job at Evanston High School and was there for 4 years. Little did he know his next stop would be his last in basketball. He accepted the Head Coaching position at Sheridan College and never looked back as he stayed for 34 years. The closest he got to leaving was when he interviewed for the Black Hills State job, but was turned down. When asked why he did not pursue other opportunities outside of BHSU and Sheridan Hoffman simply replied, "I enjoyed my time at Sheridan and I got the luxury of coaching big time basketball without all the pressure."

Eight years into his retirement Coach Hoffman is still very much a part of the Sheridan College experience. He can be seen at all sporting events, but spends much of his well earned free time playing golf in the background of the picturesque Big Horn Mountains.

Player Profile: Omar McDade — 6'2 Sophomore Guard



Hometown: Logan, UT

Birthday: 2/8/1991

Nickname: O

Field of Study: General Studies

TV Show: Fresh Prince

Sports Team: Lakers

Person he looks up to: Father

Quote: "Fall down 7 times, get up 8."

Favorite Food: Mexican Food

Musical Artist: Trey Songs

Hobbies: Video Games & Basketball

2009-10 Stats

5.3 PPG

2.2 RPG

Jamborees Will be A Good Measuring Stick for Generals

College coaches say that the month of September is the longest of the year for them. No games, no practice, but a whole lot of bad pick up basketball can wear even the most patient of coaches down. Even the first half of October is monotone when your players are beating each other up for 2 weeks without seeing another opponent, but now we are past all of that. The next couple of weeks the Generals will go on the road to begin game play. This is what the players and coaching staff have waited out the long, hot summer months for. Baseball season officially ends when basketball season starts

around these parts. There is a certain buzz in town right now and for good reason. A talented Generals squad will begin their exhibition games at Black Hills State University on October 17th where they will play three games on Sunday. There they will be tested early when they play their first game against the host Yellow Jackets. BHSU starts five seniors who likely will be ranked pre season number one in the nation NAIA. Will John Johnson leads the veteran team as an All-American candidate against the Generals. The second game of the day pits Sheridan against South Dakota Mines. The Hard Rockers went

16-15 last year and Head Coach Jason Henry plans on building off last years success. In the final game of the day, the Gens will battle Dickinson State. Hoping to improve off of last years .500 (14-14) play, Head Coach Ty Orton brings a young Blue Hawks team into Spearfish, SD hoping to gain some valuable experience.

Sheridan College will travel to Casper, WY to participate in the Casper Jamboree on October 22nd and 23rd. The Generals will begin on Friday playing Central Wyoming College and later that day Otero Junior College. They will wrap up play Saturday against Lamar CC and LCCC.

Player Profile: Matt Glover—6'4 Freshman Guard



Hometown:: Orange, CA

BirthDay: 10/5/1991

Nickname: Jumbo

Field of Study: General Studies

TV Show: Sports Center

Sports Team: Heat

Quote: "Losers make excuses, winners make it happen."

Favorite Food: Pizza

Musical Artist: Drake

Hobbies: Basketball

2009-2010 HS Stats

19 PPG

2 APG

3 RPG

Sheridan College Generals Men's Basketball Roster 2010-11

No.	Name	Pos	Ht	Wt.	Yr.	Hometown	High School
0	Khion Sankey	F	6'5"	210	FR	Stockton, CA	Newark-Memorial HS
1	Omar McDade	G	6'2"	200	SO	Logan, UT	Logan HS
2	Kendrick Morse	G	5'7"	170	SO	Richton, IL	Rich South HS
5	Matt Glover	G	6'4	200	FR	Orange, CA	Tustin HS
3	Malachi Roberts	G	6'4	185	FR	Wenatchee, WA	Eastmont HS
14	Rage Geringer	G	5'11"	165	rFR	Glendo, WY	Guernsey-Sunrise HS
32	Johannes Kriegereit	G	6'2	175	FR	Bayern, Germany	MTSV Schwabing
22	Jermaine Lippert	F	6'8	220	FR	Munich, Germany	Fc Bayern Muenchen
34	Robert Heyer	F	6'5	200	FR	Worland, WY	Worland HS
33	Jarrell Crayton	F	6'7"	200	SO	Bellevue, NE	Bellevue East HS
23	Rolands Narkis	F	6'7	210	FR	Broceni, Latvia	Liepaja
44	Lamont Prosser	C	6'7	240	FR	Ft. Wayne, IN	Charis Prep School
4	Shelton Black	C	6'7	175	Fr	Los Angeles, CA	Compton HS

2010-11 Men's Basketball Schedule: Sheridan College			
Date	Opponent	Time	Location
10/17/2010	Jamboree @ BHSU (exhibition)	TBA	Spearfish, SD
10/22/2010	Jamboree @ Casper (exhibition)	TBA	Casper, WY
10/23/2010	Jamboree @ Casper (exhibition)	TBA	Casper, WY
10/31/2010	Blue Angels (exhibition)	TBA	Sheridan, WY
11/9/2010	at Little Big Horn College	7:00	Crow Agency, MT
11/12/2010	Best Western Tip Off Trny	5:30, 7:30	Sheridan, WY
11/13/2010	Best Western Tip Off Trny	3:00, 5:00	Sheridan, WY
11/19/2010	at Northwest College Trny	5:30	Powell, WY
11/20/2010	at Northwest College Trny	3:30	Powell, WY
11/26/2010	Lions Club Tourney	3:00, 7:00	Sheridan, WY
11/27/2010	Lions Club Tourney	3:00, 7:00	Sheridan, WY
11/30/2010	at Western Nebraska CC	TBA	Scottsbluff, NE
12/3/2010	Holiday Inn Tourney	5:30, 7:30	Sheridan, WY
12/4/2010	Holiday Inn Tourney	3:00, 5:00	Sheridan, WY
12/10/2010	vs. Casper	7:30	Sheridan, WY
12/11/2010	vs. Gillette	7:30	Sheridan, WY
1/7/2011	vs. Central Wyoming	7:30	Sheridan, WY
1/8/2011	vs. Western Wyoming	5:00	Sheridan, WY
1/12/2011	at Otero College	TBA	La Junta, CO
1/14/2011	at Laramie County CC	7:00	Cheyenne, WY
1/15/2011	at Eastern Wyoming College	5:00	Torrington, WY
1/18/2011	vs. Northwest WY College	7:30	Sheridan, WY
1/21/2011	vs. Miles College	7:30	Sheridan, WY
1/22/2011	vs. Dawson College	7:30	Sheridan, WY
1/28/2011	at Western Wyoming	7:30	Rock Springs, WY
1/29/2011	at Central Wyoming	7:30	Riverton, WY
2/5/2011	vs. Little Big Horn College	7:30	Sheridan, WY
2/9/2011	at Miles	7:30	Miles City, MT
2/13/2011	at Dawson	3:30	Dawson, MT
2/18/2011	at Gillette College	7:30	Gillette, WY
2/19/2011	at Casper	5:00	Casper, WY
2/22/2011	at Northwest College	7:30	Powell, WY
2/25/2011	vs. Eastern Wyoming	7:30	Sheridan, WY
2/26/2011	vs. Laramie County	5:00	Sheridan, WY
March 5-9	Region 9 Tourney	TBA	East Region Host
TBA	National Tournament		



Sheridan College Generals

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TRADITION



Generalsbasketball@sheridan.edu

Announcements

Sheridan College Men's basketballs annual 3pt. Club fundraiser has begun. Applying to become a 3pt. Club member will allow you to get inside access to the Generals program. Donations will help forward the cost for travel, practice gear, training room supplies, meals, and other misc. costs a team encounters throughout the course of a season.

Any donation given will help benefit our program. Typical donations will range anywhere from \$25 to \$100 but we will graciously accept any donation. If you cannot donate at this time please still give us your information so you can become a part of our program!

****All members will receive an e-newsletter**

****Donations of \$25 and above will receive an e-newsletter, a team picture, and a Generals t-shirt.**

****For additional t-shirts add \$12 per shirt to your donation**

For more info email us at generalsbasketball@sheridan.edu

We're on the web:

www.scgenerals.com

Www.Generalsnation.blogspot.com

Frankie's Foresight

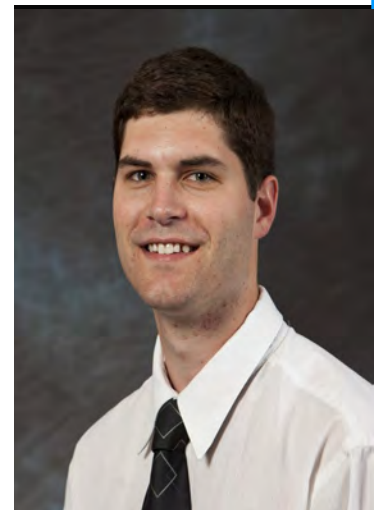
This month is all about patience. Players work their whole professional careers to become the best they can be at their given sport and so do the coaches. I believe that expecting instant gratification can be an easy habit to form, but can be broken the more time one puts in to his or her craft.

At this point of our season both coaches and players begin to get frustrated at the thought of playing against the same people everyday at practice. In the distance they can see a light though. It is the relief and excitement of beginning scrimmages. This month, our team will not play any games that count for or against us. We play eight exhibition games against various teams around the area. Some will be Junior Colleges

and the others will be against four year NAIA teams. These games will be great for our program, to see where they stand against teams we will play down the road. The hardest part about these games as a coach is knowing what your team should do and what will actually happen early in the season. Having just started putting in principles, philosophies, and plays, these scrimmages will be an adventure to say the least. There will be a lot of yelling and correcting, but more than anything a lot of teaching points. That is where patience comes in. Seeing the good in all the mess ups is the key early. We will have to improve upon many things in order to get where we want to be at the end of the season, but taking it slow is so hard. We all want to see our teams get better quickly

and grasp the many concepts we throw at these kids. After all that is what they are, kids, especially at the Junior College level. Knowing what is reasonable to expect out of our players will be my biggest learning point this month and I am looking forward to soaking that up. The Kaizen method of improvement is one that I can not get out of my head, it preaches the art of constant everyday improvement. Not negatively criticizing per say, but always looking to get better at anything you do.

The Kaizen method is what our coaching staff is living by this season. Constant growth day after day hopefully will get our team where they need to be at the time they need to be there.



**Assistant Coach
Ryan Davis**