



## SEPTEMBER EDITION



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## Sheridan College Men's Basketball

### The New Year is Here!

The new year has arrived, and we're extremely excited here in Sheridan about our team and the prospects of what we could become! We've been satisfied so far with great leadership from our four returning players, and a great group of nine incoming freshmen. Workouts and conditioning have gone well, and now we have to finish our preseason on a strong note in order to be ready for official practice on October 1st.

This year's team should be exciting to watch. If there is one word that I can think of to describe our team right now, it would be "versatile." It looks like we'll be able to play many different lineups, going small with quick athletic guards, playing a traditional lineup, or going really big at all 5 spots and still having a great deal of athleticism on the floor.

Right now, however, we're

probably more concerned about developing the proper habits in our player's lives, both on and off the court. Every year is somewhat of a shock to our players in terms of what we demand from them, and this year is especially challenging because we have so many new players that are going through what we like to call "program shock." As players move up in levels, from high school to junior college, or junior college to the four-year, there will always be a shock at a good program because of the new demands and the higher level of play. I believe that our new guys are close to getting through that shock, and the sooner we can really start to move forward. I believe we're close to taking some great strides with our team!

We look forward to staying in touch with all of our supporters throughout the year. Be sure to

check us out on our new Blog page, and also on our new Facebook site. If you would like to receive updates via e-mail, send me your email address & I'll get you on the list. And as always, if you have any questions, don't hesitate to contact me directly at 307-674-6446 ext 4000 or feel free to email me at [ssmiley@sheridan.edu](mailto:ssmiley@sheridan.edu).

Until next time....



Head Coach  
Steve Smiley

### 09-10 Generals Moving on to the Next Level



JR Cadot	Steven Ivory	Antoine Procter	Charlton Wilson	Bryen Pyles	Idris Lasisi
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TCU	TA&MI	Sac. St.	ECOU	Mayville St.	NIC
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**Sheridan College Men's Basketball 2010-2011**  
**"Getting better every day"**



## What makes Sheridan College A Special Place?

One on one attention in class, the best town in the west, the Powder Horn Golf Course, friendly townies every where you go, tons of recreational opportunities just around the corner, and majestic mountains so close you think you could touch them. These are just some of the reasons Sheridan College gets an A for Junior Colleges in America.

Lets start with the town itself. Walking down Main St. is an experience all on its own due to the shopping, restaurants , and artwork on every block. Main St. offers a unique blend of personalities not seen in other

towns in the West. A simple "Hello" or maybe more appropriate "Howdy" will do wonders to make you feel like one of the community, but the landmark mountains outside the town are more of a draw for some.

The Big Horn Mountain Range sits just 30 minutes west of Sheridan and offers an array of exciting adventures waiting to be taken on. Whether it be the top 10 snowmobiling in the country or some of the best trout fishing in the world, the outdoors is a must do when visiting. The Powder Horn just six miles from town has been ranked in the top 100 courses

in the nation. Pristine landscaping and perfectly cut greens make it a must play venue. All this said about the town, we are here to talk about the College. The faculty at SC is absolutely top notch. Personal help in not only figuring out a student's major, but also in guiding them through the tough transition into the college world.

You will never just be another number at Sheridan, whether it is at the College or in town. Come to the best in the west and give it the old college try!

### Sheridan College Generals Men's Basketball Roster 2010-11

No.	Name	Pos	Ht	Wt.	Yr.	Hometown	High School
0	Khion Sankey	F	6'5"	210	FR	Stockton, CA	Newark-Memorial HS
1	Omar McDade	G	6'2"	200	SO	Logan, UT	Logan HS
2	Kendrick Morse	G	5'7"	170	SO	Richton, IL	Rich South HS
5	Matt Glover	G	6'4	200	FR	Orange, CA	Tustin HS
3	Malachi Roberts	G	6'4	185	FR	Wenatchee, WA	Eastmont HS
14	Rage Geringer	G	5'11"	165	rFR	Glendo, WY	Guernsey-Sunrise HS
32	Johannes Kriegereit	G	6'2	175	FR	Bayern, Germany	MTSV Schwabing
22	Jermaine Lippert	F	6'8	220	FR	Munich, Germany	Fc Bayern Muenchen
34	Robert Heyer	F	6'5	200	FR	Worland, WY	Worland HS
33	Jarrell Crayton	F	6'7"	200	SO	Bellevue, NE	Bellevue East HS
23	Rolands Narkis	F	6'7	210	FR	Broceni, Latvia	Liepaja
44	Lamont Prosser	C	6'7	240	FR	Ft. Wayne, IN	Charis Prep School
4	Shelton Black	C	6'7	175	Fr	Los Angeles, CA	Compton HS

#### Player Profile: Jarrell Crayton



**Hometown:** Bellevue, NE  
**Birthday:** 8/28/1990  
**Nickname:** Ruger  
**Field of Study:** General Studies  
**TV Show:** South Park  
**Sports Team:** Heat

**Person he looks up to:** High School football coach

**Quote:** "When life knocks you down you can either stay down and give up on yourself or pick yourself up and overcome the

obstacles that stand in your way."

**Favorite Food:** Chinese  
**Musical Artist:** Michael Buble  
**Hobbies:** Legos, Sports, and Video Games

#### 2009-10 Stats

11 ppg  
 5.7 rpg  
 .7 apg

## Sheridan College 2010-11 Preview

Head coach Steve Smiley enters his 3rd year at Sheridan College and looks to improve on a very successful first two seasons. The Generals are coming off a 27-7 year and a Finals appearance in the Region IX Tournament. The Generals will return 4 players from that squad including one player that participated in the top 120 camp and 3 that participated in the JUCO All-American Showcase. Jarrell Crayton, Omar McDade and Kendrick Morse return this year along with red-shirt Fr Rage Geringer to add experience and familiarity to Coach Steve Smiley's team.

With so many new faces on this years team, the leadership of the returners will be essential. Having Morse as the floor general and Crayton handling much of the inside load is a good start, but the new faces on the team will have to step up early and often in order for Sheridan College to be successful. The guard position will be very deep and talented as the Generals brought in 4 new players there this off season. Johannes Krieger, Germany, Matt Glover, Orange, CA, Malachi Roberts, East Wenatchee, WA, and Rolands Narkis will add a lot of quickness, athleticism and

scoring to the already potent Sheridan College offense. Down low the team will be talented, but not as deep as the guards. New big men Lamont Prosser, Ft. Wayne, IN, Shelton Black, Compton, CA, Rob Heyer, Worland, WY, Khion Sankey, Stockton, CA and Jermaine, Lippert, Germany will get the opportunity to see a lot of minutes as the position is wide open. With just under a month to go until the season starts, the Generals have already set their sights on the Region IX title and a trip to Hutchinson, KS for a shot at the National Championship.

### Player Profile: Rolands Narkis



**Birthday:** 4/1/1991

**Nickname:** Rolos

**Field of Study:** General Studies

**TV Show:** Sports Center

**Sports Team:** Liepaja (Latvian basketball team)

**Quote:** "Will you keep fighting if your shots don't fall?"

**Favorite Food:** Steamed Vegis and Chicken

**Musical Artist:** Guru

**Hobbies:** Playing hockey and being outside

#### 2009-2010 High School Stats

15 ppg

8.6 ppg

1.3 apg

## Sheridan Generals are on Facebook and Blog Spot!!

Follow the Sheridan College Generals in more ways than one! The Sheridan College Generals now have an official blog. The blog will have constant updates on the team and what is happening throughout the course of the season. This is a great opportunity to keep up to date with the program and the players you support. The site will have in-

stant post game updates and scores so fans will no longer have to wait until the next day to read about the results of their Sheridan College Men's Basketball team. Simply type this URL into your browser and you will instantly gain access to Generals Nation: [www.generalsnation.blogspot.com](http://www.generalsnation.blogspot.com)

Sheridan College is also on facebook. You can follow your Generals by searching Sheridan College Generals Men's Basketball in the search box on your Facebook account. This facebook site will have video highlights, pictures and updates of games throughout the entire year. So get tech savvy and log on to support the SC Generals

2010-11 Men's Basketball Schedule: Sheridan College			
Date	Opponent	Time	Location
10/17/2010	Jamboree @ BHSU (exhibition)	TBA	Spearfish, SD
10/22/2010	Jamboree @ Casper (exhibition)	TBA	Casper, WY
10/23/2010	Jamboree @ Casper (exhibition)	TBA	Casper, WY
10/31/2010	Blue Angels (exhibition)	TBA	Sheridan, WY
11/9/2010	at Little Big Horn College	7:00	Crow Agency, MT
11/12/2010	Best Western Tip Off Trny	5:30, 7:30	Sheridan, WY
11/13/2010	Best Western Tip Off Trny	3:00, 5:00	Sheridan, WY
11/19/2010	at Northwest College Trny	5:30	Powell, WY
11/20/2010	at Northwest College Trny	3:30	Powell, WY
11/26/2010	Lions Club Tourney	3:00, 7:00	Sheridan, WY
11/27/2010	Lions Club Tourney	3:00, 7:00	Sheridan, WY
11/30/2010	at Western Nebraska CC	TBA	Scottsbluff, NE
12/3/2010	Holiday Inn Tourney	5:30, 7:30	Sheridan, WY
12/4/2010	Holiday Inn Tourney	3:00, 5:00	Sheridan, WY
12/10/2010	vs. Casper	7:30	Sheridan, WY
12/11/2010	vs. Gillette	7:30	Sheridan, WY
1/7/2011	vs. Central Wyoming	7:30	Sheridan, WY
1/8/2011	vs. Western Wyoming	5:00	Sheridan, WY
1/12/2011	at Otero College	TBA	La Junta, CO
1/14/2011	at Laramie County CC	7:00	Cheyenne, WY
1/15/2011	at Eastern Wyoming College	5:00	Torrington, WY
1/18/2011	vs. Northwest WY College	7:30	Sheridan, WY
1/21/2011	vs. Miles College	7:30	Sheridan, WY
1/22/2011	vs. Dawson College	7:30	Sheridan, WY
1/28/2011	at Western Wyoming	7:30	Rock Springs, WY
1/29/2011	at Central Wyoming	7:30	Riverton, WY
2/5/2011	vs. Little Big Horn College	7:30	Sheridan, WY
2/9/2011	at Miles	7:30	Miles City, MT
2/13/2011	at Dawson	3:30	Dawson, MT
2/18/2011	at Gillette College	7:30	Gillette, WY
2/19/2011	at Casper	5:00	Casper, WY
2/22/2011	at Northwest College	7:30	Powell, WY
2/25/2011	vs. Eastern Wyoming	7:30	Sheridan, WY
2/26/2011	vs. Laramie County	5:00	Sheridan, WY
March 5-9	Region 9 Tourney	TBA	East Region Host
TBA	National Tournament		



## Sheridan College Generals

Men's Basketball  
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Ext. 4000 or 4003  
Fax: 307-674-3351

### TRADITION



[Generalsbasketball@sheridan.edu](mailto:Generalsbasketball@sheridan.edu)

### Announcements

Sheridan College Men's basketballs annual 3pt. Club fundraiser has begun. Applying to become a 3pt. Club member will allow you to get inside access to the Generals program. Donations will help forward the cost for travel, practice gear, training room supplies, meals, and other misc. costs a team encounters throughout the course of a season.

Any donation given will help benefit our program. Typical donations will range anywhere from \$25 to \$100 but we will graciously accept any donation. If you cannot donate at this time please still give us your information so you can become a part of our program!

**\*\*All members will receive an e-newsletter**

**\*\*Donations of \$25 and above will receive an e-newsletter, a team picture, and a Generals t-shirt.**

**\*\*For additional t-shirts add \$12 per shirt to your donation**

**For more info email us at [generalsbasketball@sheridan.edu](mailto:generalsbasketball@sheridan.edu)**

We're on the web:

[www.scgenerals.com](http://www.scgenerals.com)

[Www.Generalsnation.blogspot.com](http://Www.Generalsnation.blogspot.com)

## Frankie's Foresight

This is my first column as the Assistant Coach at Sheridan College here in sunny Sheridan, WY. Coming from Kansas, all I heard about Wyoming was how much worse the winters were here, but on most days there is not a cloud in the sky. Sunny is how I have felt so far here as a coach and an individual. The Sheridan community has been nothing but welcoming to me as I have started out my coaching adventure. There are major differences between Kansas City and Sheridan; one obvious one is the amount of people living around me, but I have felt more and more at home every day. Basketball has made my transition much easier.

At this time of year it is hard to tell what our team identity is and some teams go through a

whole year without finding it. At this point our players are all getting along with each other wonderfully and I believe that will be an immense help to our chemistry as the season progresses. I give much of the credit to Head Coach Steve Smiley for recruiting the type of players HE wants. He has done a great job fitting players personalities together and just signing good kids. Every day someone tells the staff how polite our players are and that they are a pleasure to see on campus. On the court we are still fighting to find ourselves, but we work on improving that characteristic every minute we are here. I truly believe the youth of the coaching staff does wonders making the players feel at home and comfortable with where they are at and who they are playing for.

Coach Smiley and I are able to sweat with the guys every day; I know I have. Our coaching philosophy is not all about making the players better basketball players though, it is more about making them good people and preparing them for a world outside sports. As our player arrive every year around this time they are soft clay. It is the coaching staff's job to mold these young men into upstanding, responsible adults as well as the best basketball players they can be and prepare them for the next, hopefully higher level of basketball. I am thoroughly looking forward to the beginning of the actual start of practice coming soon and hope to see a full, loud Bruce Hoffman Golden Dome for our games. Come support all Sheridan College athletics, we do not disappoint!



**Assistant Coach  
Ryan Davis**