



GENERAL NATION

SEPTEMBER EDITION



Inside this issue:

- Welcome to a new season **1**
- Meet the new Generals **2**
- Diarra Pro Contract **2**
- Geringer Receives Award **3**
- Cadot Shines In FIBA Tournament **3**
- 3-Pt Club Up & Running **4**
- Building the General Way **4**



Sheridan College Men's Basketball

And Here Come The Generals!

Generals Supporters—

It's that time of year again! Our guys are back on campus and working hard as we prepare for another season at Sheridan College.

We're really excited about our group of guys this year. We have a strong nucleus of returners with 5 sophomores back with extensive playing experience (all 5 were starters as freshmen at some point in time during the season last year) and a great group of 10 incoming freshmen to balance out our time.

This is the biggest team that we've ever carried, which makes for some really exciting competition at each position on the floor. We truly believe that our conditioning and our depth will be strengths of this year's team.

We're currently in the middle of our preseason program, em-

phasizing strength & conditioning with Coach Magrino, Individual Skill Development Workouts in small position groups, and then having our guys play as well.

We're trying to compete in everything we do, whether it is with our 3v3 league, our Strongman Competition, or through other areas of our Fall program. Our guys must understand that we have to compete every day in every single thing we do to build the habits necessary to have a championship-caliber team.

With practice starting in just a couple of weeks on October 1st, everybody is starting to get a little anxious. If we continue to utilize this fall period, we'll be ready to hit the ground running during the start of practice and throughout the month of October in preparation for our games in November and beyond.

While we do feel good about this group, we have a long ways to go and we have to maintain a "sense of urgency" in everything we do. The little things turn into the big things, for better or worse.

Thanks again for your support, and please let us know if you need anything! Go Generals!



Head Coach Steve Smiley

10-11 Generals Moving on to the Next Level



Matt Glover
Penn State University

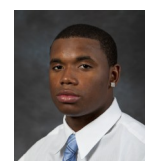


Jarrell Crayton
Boise State University



Omar McDade

Fort Hays State University



Kendrick Morse



**Sheridan
College Men's
Basketball
2011-2012**

**"To Be A Team,
You Must Be A
Family"**



Moustapha Diarra Signs Professional Contract in France

Former Sheridan College General All-American, Moustapha Diarra has signed a professional contract to play basketball for the Élan Béarnais Pau-Orthez in his native France. After two years on the court for the Sheridan Generals, Diarra went on to become a two-year letter-winner for the University of San Francisco. While at San Francisco, Diarra helped lead the Dons to the quarterfinals of the 2011 CollegeInsider.com Postseason Tournament in his final season.

"Moustapha had a tremendous two-year career at Sheridan before moving on to the University of San Francisco," Sheridan

College head coach Steve Smiley said. "We're very proud of his accomplishments at the University of San Francisco and now as he gets an opportunity to play basketball at the highest level. Moose is not only a great basketball player, but is also a great person, and will hopefully play for many years in the professional ranks."

"I have really enjoyed playing in the United States," Diarra said. "It was a really good experience to be in another country on my own; I learned a lot of things during my 4 years in America. The time playing at Sheridan has really prepared me well to play professionally, I learned to

play the game harder and have endured many tough challenges along the way."

Pau-Orthez is one of the top clubs in France and plays in Pro A (top division). The club owns a league-best seven Pro A Championships. The Pro A season starts in September and runs through May. Some other notable NBA players that have competed with Pau-Orthez Club are Boris Diaw, Mickael Pietrus, Mustafa Shakur, and Gheorghe Mureşan.

Sheridan College Generals Men's Basketball Roster 2011-12

No.	Name	Pos	Ht	Wt.	Yr.	Hometown	High School
0	Khion Sankey	F	6'5"	210	SO	Stockton, CA	Newark-Memorial HS
1	Jermaine Lippert	F	6'8"	230	SO	Munich, Germany	Fc Bayern Muenchen
2	Robert Heyer	F	6'4"	205	SO	Worland, WY	Worland HS
23	Rolands Narkis	F	6'6"	210	SO	Broceni, Latvia	Liepaja
5	Lamont Prosser	C	6'8"	255	SO	Ft. Wayne, IN	Charis Prep
33	Brandon Pines	C	6'8"	220	FR	Baltimore, MD	Charis Prep
14	Wayne Bradford	G	6'3"	200	FR	Baltimore, MD	Roanoke Catholic HS
3	Ron Mvouika	G	6'6"	190	FR	Paris, France	Huntington Prep
12	Isaac Oeltjen	C	7'1"	250	rFR	Red Wing, MN	Red Wing / Boise State
32	Donald Gaddy	G	6'0"	170	FR	Tacoma, WA	Bellarmino Prep
34	Aaron Tyser	F	6'5"	190	FR	Buffalo, WY	Buffalo HS
4	RJ Leverette	G	6'0"	165	FR	Kansas City, MO	Grandview HS
22	Victor Bermudez	G	6'4"	180	FR	Las Vegas, NV	Cheyenne HS
44	Grayson Moore	G	6'5"	180	FR	Logan, UT	Skyview HS
55	Tate Stensgaard	F	6'8"	180	FR	Rapid City, SD	Stevens HS

JR Cadot Shine In FIBA Caribbean Basketball Championship

Current Texas Christian University Horned Frog, and 2010 Sheridan College All-American, JR Cadot finished out his summer by participating in the FIBA Caribbean Basketball Confederation Championship Tournament for his home country of the Bahamas. Cadot and his squad battled Jamaica in an overtime win in the semi-final game of the tournament for a chance to face the U.S. Virgin Islands in the championship game.

Cadot finished the game with a double-double, tallying 13 points and 12 rebounds, ensuring the Bahamian team a spot in the upcoming Centrobasket

Tournament. The Centrobasket Tournament invites teams from the Caribbean, Latin American, and Mexico to compete for an opportunity to play in the upcoming FIBA Americans Championship, and ultimately the Olympic Games.

The U.S. Virgin Islands squeaked past the Bahamas in the championship game, defeating Cadot and his team by the slimmest of margins, 91-89. A Silver Medal for the Bahamas is the highest finish that the team has earned in the tournament since they won Gold in 1995.

For the tournament Cadot impressed by showing his consistency averaging 10.8 points, 7.2 rebounds, and 2.2 assists per contest, garnering him a spot on the All-Tournament Team. When asked about his experience, Cadot said that, "playing for the Bahamas national basketball team sparked a fire in me to not only dominate this year for my Senior season in college, but to do the little things that I have to as a Senior in order to finally bring a Mountain West Basketball Championship to TCU"

Player Profile: Aaron Tyser



Hometown: Buffalo, WY

Birthdate: 1/2/1993

Nickname: Red

Movie: Bourne Identity

Favorite Food: Italian

Musical Artist: Lil' Wayne

Hobbies: Working out & spending time with my brothers

Favorite Athlete: Derrick Rose

2010-2011 High School Stats

17 ppg

7 rpg

2 apg

3A Wyoming Player of the Year

Rage Geringer Academic Award For Superior Achievement

Sheridan College 2011 graduate Rage Geringer was recently honored by the National Junior College Athletic Association with the highly touted Superior Academic Achievement Award. Geringer, a Glendo, Wyoming native, finished his career at Sheridan with an overall grade point average of 3.93. The award for Superior Academic

Achievement is the second highest academic prestige that can be awarded to an athlete, having only 17 recipients out of a total 57,729 athletes. The pre-medicine major also helped lead the team on the court in 3-point field goal percentage, finishing the year at 40.57%



2011-12 Schedule		
Date	Opponent	Time
10/15	@Rocky Mountain College (exhibition)	TBA
10/21 & 22	Jamboree @ Casper (exhibition)	TBA
10/27	Blue Angels (exhibition)	TBA
11/1	Williston State College	7:00
11/4	Gillette College Tournament	4:00
11/5	Gillette College Tournament	4:00
11/11	Eastern Wyoming Tournament	5:30
11/12	Eastern Wyoming Tournament	5:30
11/18	Northwest College Tournament	3:30
11/19	Northwest College Tournament	3:30
11/25	Lions Club Tournament	7:00
11/26	Lions Club Tournament	7:00
12/2	Holiday Inn Tournament	7:30
12/3	Holiday Inn Tournament	5:00
12/7	Little Big Horn College	7:30
12/10	Northwest College	5:00
1/7	@Laramie County Community	7:00
1/11	Central Wyoming College	7:30
1/14	@Western Wyoming College	5:00
1/18	Dawson College	7:30
1/21	@Miles College	5:00
1/25	@Casper College	7:30
1/28	Gillette College	7:30
2/1	@Little Big Horn College	7:30
2/4	Northwest College	5:00
2/11	@Central Wyoming College	7:30
2/15	Western Wyoming College	7:30
2/18	@Dawson College	5:00
2/22	Miles College	7:30
2/25	Casper College	5:00
2/28	@Gillette College	7:30
3/1	Laramie County Community	7:30
3/3	@Eastern Wyoming	5:30
March 9-14	Region 9 Tourney	
TBA	National Tournament	

Sheridan College Generals

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TRADITION



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Announcements

Sheridan College Men's basketballs annual 3pt. Club fundraiser has begun. Applying to become a 3pt. Club member will allow you to get inside access to the Generals program. Donations will help forward the cost for travel, practice gear, training room supplies, meals, and other misc. costs a team encounters throughout the course of a season.

Any donation given will help benefit our program. Typical donations will range anywhere from \$25 to \$100 but we will graciously accept any donation. If you cannot donate at this time please still give us your information so you can become a part of our program!

****All members will receive an e-newsletter**

****Donations of \$25 and above will receive an e-newsletter, a team picture, and a Generals t-shirt.**

****For additional t-shirts add \$12 per shirt to your donation**

For more info email us at generalsbasketball@sheridan.edu

We're on the web:

www.scgenerals.com

www.Generalsnation.blogspot.com

Facebook Page—Sheridan Generals Men's Basketball

Building the General Way

As the temperatures begin to cool in Sheridan, and the smell of Fall is in the air, the start of the basketball season is right around the corner. The start of a new year means the beginning of a new team. With new faces being added to the mix, the challenge of building a new team is daunting, yet exciting.

Every year, at every level, a team must forget the accomplishments of the past. Returning players cannot dwell on the success of last years team, and new players must move on from their High School accolades. Coaches begin to understand the new composition of

young men that are now under their guidance. Learning how to connect with each individual player to help them maximize their talents on the court, as well as develop them as a student and a person.

Leadership from within the team is one of the most important areas that is crucial to the overall success of a team for the duration of a season. Upperclassmen, in our case sophomores, must take a role on the team in leading the group in the right direction.

A team's leaders are able to be an extension of the coaching staff when they are not around. Helping to guide the younger guys into

making wise decisions when they are off the court, focusing on their studies, and presented with the numerous social settings that a college student faces.

As a coach we look for leaders to emerge within our team. While any person can be given the title of boss, or captain, a true leader does not need a title to do the right actions in order to ensure the success of an organization.

Our leaders are consistently our hardest workers and most unselfish players. As James Hunter says, "authority is built on service and sacrifice." Your leaders must serve your team, not themselves.

